

Adams-Harris Pattern Company

Holiday Lark

Designed and fitted for Kish Lark 14"

Yardage, Notions & Fabric

Yardage: 1/3-yard fashion fabric, such as cotton calico, seersucker, gingham, silk dupioni, taffeta, and lightweight brocade.
Large 12 by 12-inch scrap of contrast fabric for collar.

Notions: 3 mini snap sets
1/3-yard of 1/2-inch double faced satin ribbon for bow.
1 small rosette
1 package double fold bias tape to match collar and blend with dress.

General Cutting and Marking Directions

1. Lay out all pieces following the grain lines on the pattern. Cut the number of pieces indicated on the patterns. Check pattern before cutting to see if you will need to paste large pieces together.
2. Cut notches no deeper than 1/8 inch. All seam allowances are 1/4 inch in less otherwise indicated in the sewing directions.
3. All garment pieces are sewn with the right sides together in less otherwise noted.
4. When interfacing, use fusible and press to fabric before cutting out pattern.
5. With smaller patterns I do not recommend serging seams as this creates bulk. I use a fray-checking product as needed. If you are serging use a smaller width on your machine, I use 2mm. You will have to determine if you want to serge/zigzag or not.
6. As with all sewing projects, you will get better results if you press as you go, fit as you go and tie off your thread ends rather than back stitching.

Sewing Terms:

There are many sewing abbreviations used in the fashion industry. Some differ by region. I will be using the following when writing directions:

Crimp This is a technique for easing fabric into a seam. The larger piece is run through the sewing machine with no thread, while you keep your finger firmly behind the presser foot. This forms small crimps in the fabric making it easier to ease into a smaller space.

Bust this means to press the seam allowance open.

Under-stitch this means to sew the seam allowance to one side of the seam, usually done on neck facings and collars, but can be used at waistlines and with insertion lace.

Edge Finish means to serge or zigzag the raw edges.

Sewing Directions: Dress

1. Join the front and back shoulders with right sides together and bust seams.
2. Make collars, matching right sides together sew along center back and outside edge. Turn right side out and press.
3. Edge stitch collars,
4. Zigzag or serge the center back of bodice plackets if wanted.
5. Baste collars to necklines and then fold back placket at notch and press.
6. Cut about 20-inches of the bias tape, unfold and cut off one of the folded edges and press flat so you end up with a folded on one side and a raw edge on the other side.
7. On the right side collar (shorter side)
 - Layer the bias over the collar matching the raw edge to the neckline
 - Fold the placket over the bias
 - Sew the bias to the neckline
 - Turn the collar right side out and poke out the corner of the back placket, and press bias and neckline. Trim seam allowance as need so that the bias covers the raw edges.
 - Stitch bias to dress along folded edge.
 - Press collar toward front of bodice
8. Join right and left side of bodice and then repeat the steps for applying the bias, and apply to the left neckline bringing the bias past the point the bodice joins about 1-inch.
9. With right sides together match bias to sleeve bottoms and join. Press bias up, trim seam allowance if needed to cover raw edges, and edge stitch the bias along the folded edge. Press.
10. Gather the sleeve cap between notches with a large running stitch.
11. Fit sleeve to armhole, adjusting gathers evenly and with right sides together stitch in place. Zigzag or serge armhole if wanted. Repeat for the other sleeve.
12. Join the bodice at the side seams with right sides together being sure to match the sleeve hems and armholes. Zigzag or serge side seams.
13. Overlap the center back plackets matching at notches and baste together.
14. Join skirt side seams with right sides together and zigzag or serge .
15. Zigzag or serge skirt hem.
16. Gather skirt with a long running stitch and with right sides together match to bodice bottom matching short side of skirt to long side of bodice. Pin at side seams and match notches. Adjust gathers evenly around the bodice, and stitch in place. Zigzag or serge the waistline.
17. Press seam allowance up toward bodice and front right side top stitch waistline.
18. Press up a 5/8-inch hem, and slip stitch hem in place.
19. Sew the 3 snap sets to the center back opening, spacing evenly starting at the neck.
20. Tie a bow in the ribbon with a two-inch head and about 4-inch tails. Sew the rosette to the center of the bow, and then sew to the dress at the bottom of the collar.