

# Adams-Harris Pattern Company

Happy Holiday  
Designed and fitted on Iplehouse Sylvia, but fits  
Eldoll Sooh LB

## Yardage, Notions and Fabric

Yardage: 1-yard stretch knit such as velour, velvet, matte jersey or jersey in cotton/lycra or lycra blends. This pattern must be sewn with fabric containing 3 to 5% Lycra.

## General Cutting and Marking Directions

1. Read through sewing instructions first!
2. Check pattern before cutting to see if you will need to paste large pieces together first. Some pieces may have no pattern.
3. Lay out all pieces following the grain-lines on the pattern. Cut the number of pieces indicated on the patterns. Cut notches no deeper than 1/8 inch or mark with chalk. All seam allowances are 1/4 inch unless otherwise indicated in the sewing directions.
4. When interfacing, use fusible and press to fabric before cutting out pattern.
5. With smaller patterns I do not recommend serging seams as this creates bulk. I use a fray-checking product as needed. If you are serging use a smaller width on your machine, I use 2mm. You will have to determine if you serge or not.
6. As with all sewing projects, you will get better results if you press as you go, fit as you go and tie off your thread ends rather than back stitching.

## Sewing Terms & Abbreviations

There are many sewing abbreviations used in the fashion industry. Some differ by region. I will be using the following when writing directions:

1. Rst right sides together, place cut pieces with the good or right sides together to sew the seam.

2. wst wrong sides together, place the cut pieces with the unprinted or wrong sides together to sew the seam.
3. rs right side of fabric rso right side out
4. ws wrong side of fabric wso wrong side out
5. dt double turned, as in a  $\frac{1}{4}$  double turned hem. A double turned hem is filled with fabric. So a  $\frac{1}{4}$  dt hem would measure  $\frac{1}{2}$  in before hemming.
6. sa seam allowance
7. CB or CF center back or center front
8. Bust this means to press the seam allowance open.

### Sewing Directions

1. With rst, sew dress front to dress back at should seams, and bust seams.
2. This dress has no back opening. So starting at the shoulder turn under the  $\frac{1}{4}$ " seam allowance and top stitch the hem around the neckline.
3. Turn under the hem allowance on the sleeves and top stitch the hems.
4. With rst, sew each sleeve to dress armholes.
5. Match godet, to slit on front of dress and sew with rst. When you reach the top of the godet, make your stitches and seam allowance smaller. Repeat for all godets.
6. With rst match the side seams, starting at the hems of the sleeves, then match the armhole seams, and hem of the skirt. Pin-baste as needed and sew the seams in place.
7. Turn dress rso, then serge the bottom edge of the dress hem.
8. Turn up dress hem, and top stitch in place.